

# KINDERGARTEN CARE



## PLAY



Discover

Explore



# KINDERGARTEN CARE (KCARE)

**KCare** is provided to parents who require a full-day service for their child. KCare provides care services, and **time** and **space** for children to **play, explore** and **discover** through **specially designed environments with carefully chosen resources**.

**KCare** aims to provide opportunities for children to develop confidence in communicating with others, social skills, self-help skills and values such as responsibility, care and respect.



# KCARE TEAM OF MK@Riverside

## Staff Strength

- KCare Supervisor
- Senior Programme Staff
- Programme Staff
- Support Staff
- Cleaners

# KEY FEATURES

## Play

**Exploration and discovery through play**

*Importance of play*

**Large blocks of time for indoor and outdoor play**

*Importance of continuous periods of time for play (e.g., 1 hour)*

**Opportunities for mixed-age play**

*Benefits of mixed-age play and interaction (K1 and K2)*

## Environment

**Specially designed environment and carefully chosen resources**

*Importance of environment*

**Children's autonomy in deciding what and how to play within the created environment**

*Benefits of child-initiated play*

# PROGRAMME

**Modular Activities** provide opportunities for continuity of children's experiences in different areas of interest across a week. By entering **immersive environments** that excite them to **explore and discover through play**, children get to engage in **deeper** and **more complex** forms of play.

<b>Modular Activities</b>	<b>Purpose</b>
Art & Craft Tinkering	For children to imagine and create
Cookery	For children to develop independence and self-help skills
Music, Movement & Dramatisation	For children to develop confidence and communication skills
Gardening (outdoor) Sand & Water Play (outdoor)	For children to find out more about the world around them

# THE KCARE EXPERIENCE

## Modular Activities (Indoor)



**Art & Craft**



**Cookery**



**Music, Movement  
& Dramatisation**



**Tinkering**



# THE KCARE EXPERIENCE

## Modular Activities (Outdoor)



**Gardening**



**Sand and Water Play**

# PROGRAMME

**Free Play** provides opportunities for children to choose what and who they want to play with, and how they want to play. They take place in four areas that provide children with a range of play experiences that can inspire their **creativity and imagination**. Nurturing reading among the children is also important and **Dedicated Reading Time** is provided for children to be engaged in reading daily.

Indoor Free Play

Outdoor Free Play

Construction and  
Manipulative  
Free Play

Dramatic  
Free Play

Outdoor  
Free Play

Sand and Water  
Free Play



Dedicated Reading Time



# KCARE ROUTINES AND ENVIRONMENT

## Drop Off and Pick up Points



### **Blackout timings to note:**

7.45am to 8.15am, 11.45am to 12.15pm

12.45pm to 1.15pm, 4.45pm to 5.15pm

*(We will not be able to receive your children at these timings as there will be MK arrival and/or dismissal going on.)*

# KCARE ROUTINES AND ENVIRONMENT

## Health Check Areas



**\*Parents/Caregivers to leave only after health check is cleared.**



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# KCARE ROUTINES AND ENVIRONMENT

## Indoor Environment – Activity Rooms



Cookery Room



Cookery Room



Tinkering Room



Tinkering Room



# KCARE ROUTINES AND ENVIRONMENT

## Outdoor Environment

Specially designed Sand & Water play area and Sensory Garden for children to use their five senses to explore and find out about the world around them



Sand & Water Play Area



Sensory Garden



# A TYPICAL DAY

## Sample Timetable (AM KCare)

Time	Activity
0700 - 0830	Arrival and Health Check Breakfast
0830 - 0930	Modular Activity
0930 - 1030	Outdoor Activity
1030 - 1045	15 minutes of Dedicated Reading Time
1045 - 1300	Rest/ Nap, Wipe Down, Lunch
1300 - 1700	MOE Kindergarten
1700 - 1900	Indoor Free Play Quiet Time and Dismissal

Note: KCare homerooms reside within MK. Both MK and KCare staff will work out an arrangement for the smooth handover of the children.

# A TYPICAL DAY

## Sample Timetable (PM KCare)

Time	Activity
0700 - 0745	Arrival and Health Check
0800 - 1200	MOE Kindergarten
1200 - 1430	Receiving from MOE Kindergarten, Lunch, Wipe Down, Rest/Nap
1430 - 1530	Modular Activity
1530 - 1545	Afternoon Snack
1545 - 1645	Outdoor Activity
1645 - 1700	15 Minutes of Dedicated Reading Time
1700 - 1900	Indoor Free Play Quiet Time and Dismissal

Note: KCare homerooms resides within MK. Both MK and KCare staff will work out an arrangement for the smooth handover of the children.

# HOLIDAY PROGRAMME

## Sample Timetable for KCare

Time	Activity
0700 - 0800	Arrival and Health Check
0800 - 0830	Breakfast
0830 - 0930	Modular Activity
0930 - 1030	Outdoor Activity
1030 - 1045	Morning Snack
1045 - 1115	Indoor Free Play
1115 - 1145	30 Minutes of Dedicated Reading Time
1145 - 1300	Lunch, Wipe Down,
1300 - 1500	Rest/Nap
1500 - 1530	Afternoon Break
1530 - 1630	Project Time! Theme: School Holidays Related Activities
1630 - 1700	Let's Move It!/ Music and Movement/Toileting
1700 - 1900	Indoor Free Play Quiet Time and Dismissal

# MEALS AND SAMPLE MENU

Week	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Week 1</b>	White Rice, Braised chicken with Lotus seed and Cauliflower with Corn in Superior stock	Braised Kway Teow, Minced Chicken Mixed Vege in VegOyster Sauce and Cabbage in Fragrance Oil	Corn Rice, Teriyaki fish, and Stir-fried small c. cabbage with Sliced Mushroom	White Rice, Braised chicken (Taiwanese) and Long Cabbage with Wolfberries in VegOyster Sauce	Chicken Rice, Sweet & Sour Chicken and Braised Broccoli with Diced Carrots
<b>Week 2</b>	White Rice, Stewed Button Mushroom Chicken and Grilled Corn	Spaghetti, Minced Chicken in Tomato Sauce and small C. Cabbage in Fragrance Oil	Corn Rice, Sweet & Sour Fish, and Stir-fried Broccoli with Sliced Mushroom	White Rice, Fish in BBQ sauce and Cabbage with Wolfberries in VegOyster Sauce	Chicken Rice, Stewed Minced Chicken with Potatoes and Braised Long Cabbage with Diced Carrots
<b>Week 3</b>	White Rice, Char Siew Chicken with Kow Peck Chye and Corn in Superior stock	Stir-Fried noodles, Minced Chicken in Tomato Sauce and Cauliflower in Fragrance Oil	Corn Rice, Cereal Chicken, and Stir-fried Broccoli with Sliced Mushroom	White Rice, Black Sauce Fish, and Broccoli with Wolfberries in VegOyster Sauce	Chicken Rice, Minced Chicken in teriyaki Sauce and Braised Cabbage with Diced Carrots
<b>Week 4</b>	White Rice, Braised Chicken with Onion with Long Cabbage and Corn in Superior stock	Braised Kway Teow, Minced Chicken Mixed Vege in VegOyster Sauce and Cabbage in Fragrance Oil	White Rice, Stewed Button Mushroom Chicken and Stir-fried Kow peck Chye with Sliced Mushrooms	White Rice, Sweet & Sour Fish, and Broccoli with Wolfberries in VegOyster Sauce	Chicken Rice, BBQ Sauce Chicken and Braised Small C. Cabbage with Diced Carrots
<b>Week 5</b>	White Rice, Stewed minced chicken with Potatoes, and Broccoli with Corn in Superior stock	Braised Bee Hoon, Cereal Fish and Cabbage in Fragrance Oil			

# MEALS AND SAMPLE MENU

	Monday	Tuesday	Wednesday	Thursday	Friday
<b>Breakfast</b> 8.00am to 8.30am	Cereal with Milk	Oatmeal with Milk Porridge	Koko Crunch with Milk	Oatmeal with Milk Porridge	Cereal with Milk
<b>**Morning Snack</b> 10.30am to 10.45am	Steamed Mantou	Steamed Red Bean Bun	Steamed Mantou	Steamed Red Bean Bun	Steamed Mantou
<b>Tea Break</b> 3.00pm to 3.30pm	Sunshine Buns	Sunshine Buns	Sunshine Buns	Sunshine Buns	Sunshine Buns
<b>Fruits</b> (Served during Lunch)	Apple	Banana	Watermelon	Banana	Papaya

**\*\*Morning snack is only served during School Holidays**



# SCHEDULE FOR FIRST 2 DAYS OF SCHOOL

*(Note: This is a sample timetable.)*

**For K1 children enrolled in MK (A.M. session):**

Time	Programme
8.30 am – 10.00 am	MK
10.00 am - 11.30 am	KCare

**For K1 children enrolled in MK (P.M. session):**

Time	Programme
1.30 pm – 3.00 pm	MK
3.00 pm - 4.30 pm	KCare

# KCARE FEE

## Monthly fee for KCare in 2024

Singapore Citizen	Singapore Permanent Resident
\$200  (Fee shown above is after \$150 basic subsidy)	\$350

### Please Note:

- Singapore Citizen - \$550 (Initial Payment)
  - Singapore Permanent Resident - \$700 (Initial Payment)
- (Payment accepted: QR Code/Nets/CDA Nets)




### Breakdown of initial payment school fees:

- 1<sup>st</sup> month school fees - \$200 (Singapore Citizen)/\$350 (Singapore Permanent Resident)
- Deposit - \$350 (Singapore Citizen/Singapore Permanent Resident)

(Subsequent month school fees payment: QR Code/Nets/CDA Nets)



# KCARE FEE – SUBSIDIES TIER

## How do I apply?

-  Application forms are available at the KCare centre
-  Parents are required to return the completed form **to MOE through your child's KCare centre**
-  MOE will inform you of the application outcome through your KCare centre

Note: KCare Additional Subsidy is **administered by MOE**. This is provided in addition to the Basic Subsidy. It is meant to provide additional financial support for Singaporean children who are enrolled in our KCare and household income meets the income criteria.

## What should I do if there is a change in my household financial circumstances or working status?

-  You should **re-submit your KCare Additional Subsidy application to MOE through your child's KCare centre** as soon as possible
-  Should you need to extend the period of the Additional Subsidy, please **submit a new application to MOE through the KCare centre**, with updated supporting documents

# COMMUNICATION

We encourage and appreciate frequent communication between the KCare operator and parents.

We can be reached at:

**Email:** [admission\\_cls\\_riverside\\_kcare@commitlearning.com.sg](mailto:admission_cls_riverside_kcare@commitlearning.com.sg)

**Telephone:** 8803 6855

Operating Hours: Monday to Friday 7am to 7pm, including school holidays

(Closed on Saturdays, Sundays, Public Holidays and up to 6 additional days each year)



# THANK YOU!

